



American Red Cross



Lifeguard Certification Course

Instructed by Swim NH

Ages 15+. The American Red Cross Lifeguard

Certification Course teaches the skills and knowledge needed to prevent and respond to aquatic emergencies. Covers: surveillance, rescue, first aid, professional rescuer CPR and professional lifeguard responsibilities. Upon successful completion of the course, the student will be granted a lifeguard training and first aid certification and a CPR/AED for the professional rescuer certification (valid for 2 years). Participants required to be 15 years old by end of course and pre-course swim test and work will be given. Minimum of 5 participants. Keyes Pool.

Registration deadline June 18th

Wednesday-Friday. 6/24-6/26 9am-6pm \$350/person

Register online at swimnh.com!

